



LYME REGIS SAILING CLUB Ltd

Sailing Instructions

1. Rules

1.1. Racing will take place under the current World Sailing Racing Rules of Sailing, the prescriptions of the RYA, these sailing instructions and the appropriate class rules.

2. Eligibility

2.1. Races are open to all current LRSC Ltd. members.

2.2. Visitors may be invited to participate in Club races in accordance with LRSC Ltd. rules. However, Club trophies (unless specifically designated) may only be held by LRSC Ltd. members.

3. Entries

3.1. The minimum number of entries for a race is three boats. The Race Officer (RO) may at his/her discretion allow classes to combine for the start procedure, treating them subsequently as separate races for purposes of finish procedures and allocation of points or awards.

3.2. Boats wishing to participate in Club races shall enter by completing the required details on the Club Signing-on Sheet, which will be available in the clubhouse. The sheet may be removed approximately twenty minutes before the start of the race.

3.3. Late entries may be made in person or by radio to the RO or RO's delegate before the warning signal, but acceptance of such late entries shall be at the RO's sole discretion. Such late entries shall be deemed to have signed the disclaimers on the Signing-on Sheet.

3.4. Competitors shall indicate they have returned to shore by signing off on the sheet in the appropriate place as soon as possible after coming ashore.

3.5. Where all the crew in a boat are under 18 years old, a responsible adult shall countersign their entry on the Signing-on Sheet.

4. Notices to competitors

4.1. Notices will be posted on the sailing notice board in the clubhouse or Club compound.

5. Changes in sailing instructions

5.1. Changes will be posted on the notice board at least thirty minutes before the advertised start time of the race(s) concerned.

6. Signals made ashore

6.1. Signals will be displayed on the clubhouse flagstaff.

7. Schedule of races

7.1. Races will be conducted in accordance with the current LRSC Ltd. programme. Competitors should check the clubhouse notice board or Club website (www.lymeregissailingclub.co.uk).







7.2. Postponed or abandoned races.

7.2.1. Postponed trophy races may be sailed as conditions permit in lieu of subsequent races.

7.2.2. Advance notice of the sailing of such a postponed trophy race need not be given. RRS 81 is hereby amended.

8. Class Flags

8.1. Class flags/pennants will be used as required where classes are given separate starts. The following flags/pennants will be used as appropriate:

- General Handicap: 9 
- Cruisers: C 
- Youth Helm & Crew under 18: ... 6 
- Gold Fleet: 1 
- Silver Fleet: 2 
- Oppi Fleet: 0 


9. Racing Area

9.1. Courses will be set using the Club marks (yellow pillar and/or orange marker) depicted on the sailing notice board or Club course card. Middle and long distance races will be in areas set by the RO and Race Officers on the day of the race.

10. Course

10.1. Courses to be sailed will be typically posted on the Club sailing notice board.

If a variable race format is to be used, this will also be indicated on the Club sailing notice board and the course type will be posted on the Committee Boat. If no course is shown on the Committee Boat, the provisional course displayed on the sailing notice board shall be sailed.

10.2. If Flag L  is flown by the Committee Boat prior to the warning signal, competitors should come within hailing distance in order to receive instructions such as advice regarding a change of course. The new course may also be displayed on the course board.

11. Marks

11.1. Racing shall take place around yellow pillar buoys and orange pyramid buoys unless otherwise stated on the course board.

11.2. The Start Line will be a line between the mast on the Committee Boat displaying an Orange Flag and an adjacent yellow pillar buoy, unless shown otherwise on the sailing notice board.

11.3. If there is a general recall in a multiple start sequence, the re-start of the offending class will move to the end of the starting sequence.

12. Finishing Line

12.1. Unless shown otherwise on the sailing notice board, the finishing line shall be a line between the signal mast displaying a Blue Flag on the Committee Boat and an adjacent yellow pillar buoy. This buoy may or may not be an original mark of the course.

13. Taking Penalties

13.1. For all races Rule 44.1 shall apply.

14. Time Limits.

14.1. Maximum time limits for the first finishers in each fleet will be:

- Normal Races 1.5 Hours
- Middle Distance Races 3.0 Hours
- Long Distance Races 5.0 Hours
- Evening Races At RO's discretion

14.2. Any boat finishing more than 30 minutes after the first finish in the same class will be scored as Did Not Finish (DNF).

14.3. If a full or shortened course cannot be completed (e.g. due to lack of wind), the results may be calculated from the last completed round at the discretion of the RO.

15. Protests.

15.1. Competitors intending to protest must inform the RO in person at the first reasonable opportunity. The protest must be lodged in writing no more than one hour after the last boat in the race has finished.

15.2. If the hearing cannot be held immediately, the time, date and place shall be posted on the Sailing Committee notice board within two hours of the finishing time of the last race of the day.

16. Results and Scoring

16.1. Results of handicap races will be calculated using the current RYA Portsmouth Yardstick system. The Sailing Committee may revise PY numbers to suit local circumstances and conditions. The Sailing Committee will allocate a trial number to any boat without a published PY number. This trial number may be revised at any time by the Sailing Committee following consultation with the owner.

16.2. Results of races will be displayed on the Club web site as soon as possible after the event.

16.3. When more than three races are sailed in a series, one result shall be discarded. A further discard shall be awarded for each additional set of three races completed in the series. The Low Point Scoring System (RRS Appendix A) will apply amended as follows:

- DNS: Race Entrants + 1 point
- DNF: Race Entrants + 1 point
- DNC: Series Entrants + 1 point
- DSQ: Series Entrants + 1 point

16.4. Ties shall be broken according to RRS Appendix A.

16.5. Points are awarded to a Club member helming the same class of boat throughout a series. If either the helm or the class is changed during the series, they will be scored separately.

16.6. At the sole discretion of the RO, average lap times may be used provided

competitors are notified in advance of the race.

16.7. People on duty for the race will receive average points.

17. Fleets

17.1. Helms will be allocated Gold or Silver Fleet status based on previous Club race results.

17.2. A helm allocated Gold Fleet status can only sail in Gold Fleet races. A helm allocated Silver Fleet status can choose to sail in either fleet but cannot change fleets during a series.

18. Safety

18.1. Competitors must wear adequate personal buoyancy while afloat. Wetsuits or dry suits are not considered adequate.

18.2. A boat that retires from a race shall endeavour to inform the RO or Safety Boat before leaving the race area. On returning to the beach, the competitor shall notify the Duty Beach Master that he/she has returned safely.

18.3. Competitors racing between 1 November and 30 April must wear wetsuits or dry suits while afloat. Long John hikers made of wetsuit material are considered to be wetsuits.

18.4. Racing will not take place unless there is a minimum of three people on duty, when race numbers are limited (i.e. RIB Driver, RO and Beach Master). At least one of these must be an approved RIB driver. Typically, there are six people on duty a RIB driver and crew, a Committee boat driver, an RO, an AOD and a Beach Master). In windier conditions, two safety boats may be deployed.

19. Disclaimer of Liability

19.1. In entering any race participants accept that they are responsible for themselves, their crew, and their boats, whether afloat or ashore. Nothing done by the organisers (i.e. the Club, Race Management Team, Safety Boats or anyone helping to run the event) will relieve participants of their responsibilities. By launching or putting to sea participants imply the suitability of their boat and the competence of the skipper and crew for the expected or forecast conditions. The provision of Safety Boats does not relieve participants of their responsibilities.

19.2. All competitors **MUST** complete the Signing-on Sheet. By signing this entry form you agree to the following and accept the disclaimer below:

19.2.1. I agree to be bound by the Racing Rules of Sailing and by any other rules that govern this event. I am aware of the onus placed upon competitors by RRS Fundamental Rule 4, "A boat is solely responsible for deciding whether or not to start or continue racing."

Note those under the age of 18 are required to have a parent or guardian sign the race entry form on their behalf.

19.2.2. I declare that I hold a valid Certificate of Insurance, which covers me while racing (including adequate third party legal liability insurance cover for a minimum of £5,000,000). I agree that the Lyme Regis Sailing Club Ltd. shall not be liable for any loss, damage, death or personal injury howsoever caused to the Helm or Crew as a result of their taking part in the race or races. Moreover, every owner/competitor warrants the suitability for his equipment and boat for the race or races to be entered.

19.2.3. I agree that the provision of equipment and patrol boats by Lyme Regis Sailing Club Ltd is neither guarantee that assistance can be rendered to any competitor in need, nor acceptance of any responsibility for rescue of any competitors. Further, in the event that assistance is rendered to any competitor, no liability for any loss, damage or injury to any competitor and/or their equipment is accepted by the race organisers, the crew or owners of such patrol craft.

20. Insurance

20.1. All boats shall have adequate third party insurance cover (minimum £5,000,000) for the duration of the season.

[Edited by Simon Clark (April 2016) and Hilton Davis (May 2016)]